

## **Checking for Fluoridated Status**

All water companies have websites and the majority publish the results of analytical tests carried out on their behalf by laboratories acting under contract.

The results of their analyses can be accessed by putting a post code into text boxes on the relevant page.

However, finding the relevant page is not straightforward for many water companies.

The search terms “water quality report” and “what’s going on in your area” will often lead to the full analysis but it is not made easy by some water companies.

Most water companies post a statement relating to fluoride. It is either naturally occurring in small amounts followed by “we do not add more” or “we add a little more”.

Then scroll down the page to the full analysis or download the report.

### **Natural or deliberate?**

Deliberately added fluoride varies significantly from minimum, average and maximum, e.g. 0.27 min., 0.56 av., and 0.79 max. The problem is that it is impossible to calculate for how many months of the year the fluoride concentration was at maximum.

Naturally occurring fluoride does not usually vary significantly from minimum, average and maximum, e.g. 0.26 min., 0.27 av., and 0.28 max.

However, there are exceptions when natural fluoride levels vary significantly because a water company moves the water around its area of responsibility. Anglian Water and Essex and Suffolk Water are two such companies. In cases like this refer to the earlier statement on fluoridation status in the level before the spreadsheet report.

### **Fluoridating water companies (Spring 2025)**

Anglian Water, Northumberland Water, Severn Trent, South Staffs, United Utilities

### **Finding your drinking water company’s name**

This is not always transparent. Either your post code is very new or two companies share the responsibility for providing drinking water and for sewerage services.

This website provides the answer: <https://www.water.org.uk/customers/find-your-supplier>.

With thanks to Joy Warren